

# L-Theanine 200

Supports focus, healthy stress response and aids mind relaxation



**Pack Size:** 60 hard capsules.

**Directions for Use:** Take 1–2 capsules daily with water or as directed by your health practitioner.

**Storage Guide:** Store below 25°C in a cool, dry place.

**Warnings:** Adults only. Not recommended for use during pregnancy or lactation. If symptoms persist, talk to your health professional.

## Often used in conjunction with:

- AdRestore®
- CalmPlex
- KavaPlex
- MagDuo Adapt

## Product Highlights

Contains AlphaWave®, a clinically studied\* and highly concentrated form of L-theanine

200mg of L-theanine per capsule matching clinical trial data\*

Promotes relaxation and mental focus without drowsiness

Clinical studies show L-theanine is fast acting, helping mind relaxation within 3 hours\*

Small, easy to swallow capsules

Low excipient, non-GMO formula

Vegan friendly

Strictly Practitioner Only

## Each L-Theanine 200 hard capsule contains:

|                                  |        |
|----------------------------------|--------|
| Theanine (AlphaWave® L-Theanine) | 200 mg |
|----------------------------------|--------|

## Product Indications:

- Aids mind relaxation
- Supports a healthy stress response in the body
- Maintains nervous system health and function
- Aids neurotransmitter synthesis
- Supports mental concentration and cognitive function

\*References available on request

**ALPHA WAVE®**

AlphaWave® is a registered trademark of Ethical Naturals